The controversy about a person's right to die at a time and place of their own choosing has become focused on the Swiss organisation Dignitas, and its founder, civil rights lawyer, Ludwig Minelli. Dignitas, based in Zurich Switzerland, is the only place in the world where a person seeking an assisted suicide can be helped to die. For a year, Canadian director John Zaritsky had exclusive access to Dignitas and its clients. In the film, Zaritsky tells two interwoven stories about suicide. The first follows a terminally ill man, 59-year-old American Craig Ewert, through the last four days of his life - preparing to leave his adopted home in England for the last time, then on his journey to Zurich, and into the care of Dignitas, with whose help he will end his life. The second follows Canadian couple George and Betty Coumbias. George has terminal heart disease, and would like to choose the time of his death with the help of Dignitas; his wife Betty is determined to die with him, even though she is perfectly healthy.

Part 1 [http://www.youtube.com/watch?v=bxQYTFiZi8A](http://www.youtube.com/watch?v=bxQYTFiZi8A)