

Title	Philosophy – A Guide To Happiness: Montaigne on Self-Esteem (doc.)
Director	
Date	
Area	Medieval Philosophy
Theme	Montaigne
Plot Summary	<p>Narrated by Alain de Botton, this is one of 6 parts in the series, Philosophy – A Guide To Happiness. This episode explores the philosophy of 16th century thinker Michel de Montaigne (1533–1592), one of the most influential writers of the French Renaissance. Montaigne is known for popularizing the essay as a literary genre. He became famous for his ability to merge serious intellectual speculation with casual anecdotes and autobiography — and his massive volume Essais (translated literally as “Attempts”) contains, to this day, some of the most widely influential essays ever written.</p> <p>Part 1: http://www.youtube.com/watch?v=zrSCoG2GY1M Part 2: http://www.youtube.com/watch?v=c-CJ-YmDU9I Part 3: http://www.youtube.com/watch?v=qltfvUUdfZM</p>
Key Scenes	
Relevant Text	