University Students Run 21km

Members of the University of Newcastle Athletics Club starred in the Lake Macquarie Half Marathon held on 30 September 2001.

Racing alongside running legend Steve Moneghetti, Andrew McLeod and Nicole Williams set the track alight, both being the first local competitors in the mens and womens sections respectively. Andrew ran a blistering time of 1hr 14:47 to finish 6th overall, while Nicole also left behind a burning trail as she finished 6th in the womens in 1hr 34:50. Colin Goodenough and Bec Nugent made it a day out for University Athletics, with Colin being the 2nd local and 15th overall, and Bec finishing just behind.

Contact the Athletics Club - Andrew McLeod - 4969 6275

Ju Jutsu Club Continues Assault

The Newcastle University Ju Jutsu Club (NUJJC) is enjoying a productive and fruitful year. Enthusiasm and effort are running high after the annual National Seminar held in Canberra on 15 October.

Recently, Amy Stokoe and Ben James travelled to Canberra to attend seminars and attempt gradings. Amy has since graded to green belt (6th Kyu). Amy is now the highest ranking female the NUJJC has ever had. Ben graded to purple belt (5th Kyu).

Both Amy and Ben have been training in the special Kobudo (weapons) classes and have been able to attempt their gradings. Ben had his Ju Jutsu and his weapons gradings on the same day and it’s the first time the club has sent two people to Canberra who have come back with three gradings. In his Ju Jutsu grading Ben also ranked equal fifth in the top ten fastest speed throw times for the last 25 years.

Another first for the club was a new student, Cameron Whittington, who was so impressed with Ju Jutsu that he hasn’t let having a prosthetic leg stand in the way of learning the art.

The club has experienced steady growth over the last few months reaching our highest rate ever of coloured belts with many members just recently grading, and many expecting to grade within the next few weeks.

Contact the Ju Jutsu Club - Ben James - 4950 0995

Newcastle Surfrizerz Bring Back Gold From Victoria

The 2001 Australian University Surfing Championships was staged on the surf coast of Victoria - hosted by Victoria University of Technology. Whilst September is known for its large waves, this competition proved the trend wrong.

The Newcastle Team was made up of regulars from the Newcastle University Surfriderz Club and surfers from the Central Coast Campus.

Our first surf, designed to get warmed up and flexible after the drive, did exactly the opposite. The surf was small and the notorious Victorian weather had kicked in, although the locals kept telling us it was warm!

Day one of the AUC saw two foot sets with mushy waves, not working with the Newcastle Team, but we still managed to get all but one surfer through to the next round.

Day two saw another lousy day of hoax surf with the introduction of driving rain. Most of the Newcastle Team found it difficult to get going in atrocious conditions.

Day three was taken up primarily with Finals, and Newcastle was represented by both Newcastle women competing in the finals and our last male surfer. Final results were, Newcastle 3rd in the Overall Championships and in the Perpetual Teams Trophy.
On 24 September 2001, 162 Newcastle University students travelled to Sydney to compete in the 2001 Australian University Games - the pinnacle of Australian University Sport.

The event consisted of 24 sports, contested over 5 days of intense competition and friendly rivalry amongst some 40 or more universities from right across Australia. Over 5,000 athletes in total attended the event, many attracted by the opportunity to compete at the Sydney Olympic venues at Homebush Bay - a once in a lifetime experience.

Representing 17 sports at the Games, The University of Newcastle finished the week with an overall position of 10th, a great result for a small team. The Newcastle team accomplished some outstanding results, returning home with a swag of medals and a large number of athletes being selected in the Green and Gold Merit sides. Medal winning performances include:

**GOLD Medals**
* Men’s Soccer Team  
  * Daniel Doyle (Cycling - Criterium)  
  * Krystle Hitchcock (Diving - 3m Synchronised Springboard)  
  * Martin Kelly (Judo - O/100kg and Champion of Champions)  
  * James Beasley (Swimming - 50m and 200m Breaststroke)  
  * Ben Ashion (Tae Kwon Do)  
  * Tom Shanaghan (Tae Kwon Do)  
  * Gavin Rayward (Rowing - Men’s Double Scull & Single Scull B Final)  
  * Stuart McLeod (Rowing - Men’s Double Scull B Final)

**SILVER Medals**
* Krystle Hitchcock (Diving - Silver in 3m Springboard)  
  * Virvue Leinonen (Judo - Silver in U/78kg event)  
  * Knut Isaksen (Judo - U/100kg and Champion of Champions)  
  * James Beasley (Swimming - Silver in 100m Breaststroke)  
  * Lachlan Gorrie (Tae Kwon Do)  
  * Sharn Doysett (Tae Kwon Do)  
  * Katie King (Tae Kwon Do)

**BRONZE Medals**
* Men’s Squash Team  
  * Tim Harwin (Athletics - Decathlon)  
  * Krystle Hitchcock (Diving - 1m Springboard)  
  * Rachael Wischer (Rowing - Women’s Single Scull B Final)

Outstanding individual performances were honoured by being named in the Green and Gold Merit teams -  
* Wang Ching Siang - Badminton  
* Krystle Hitchcock - Diving  
* Martin Kelly - Judo  
* James Beasley - Swimming  
* Kurt O’Brien, Andrew Folwell, Peter Haynes - Soccer  
* Luke Reedman - Squash  
* Jenny-Anne Fetch - Tennis  
* Nathan Jones - Touch  
* Kyle Jones, Jenny Kachel - Water Polo

University Games are always renowned for their great social atmosphere. The University of Newcastle has always provided a first class performance in this field and did not disappoint this year with many keen participants in the various social functions such as the Traffic Light Party and Sport Specific Functions held in the City each night.

The University Games has undoubtedly provided our students with an experience that they will long remember. University life is greatly enhanced when students pursue goals beyond academic endeavour. Not only are the University Games home to some great sporting competition and for some a platform to the international sporting arena but also for many it is where lifelong friendships begin.

A thankyou must be given to all the students who attended the Australian University Games in Sydney and performed exceptionally both on and off the field. A special thankyou must also go to the sport specific team managers who put many hours of their time into coordinating the very best teams for this event.
Nothing to do? Well...

Sports Competitions
The Forum

GET YOUR TEAM TOGETHER NOW
Commences - Sunday, 25 November 2001

Mixed Netball
(Sunday Nights)

Ladies Netball
(Tuesday Nights)

Hurry - Team spaces are limited, individual players welcome

For more details plus nomination forms, please contact The Forum on 4921 7001

Are you interested in training in the following areas . . .

Fitness Instruction
Coaching
Sports Training
Sports Administration
Event Management
Sports First Aid

Courses and Training will be held at
The Forum, Sports and Aquatic Centre in 2002

Register your interest on 02 4921 7001 or email Maree at maree.frawley@newcastle.edu.au

Saturday, 1 December
(3hrs)

Venue:
Nobby's Beach
Time:
9.00am to 12.00pm
Instructor:
Pat Kelly
Cost:
$36.00 members
$56.00 non members

Includes use of special "learn to surf" surfboards, sunscreen, some wetsuits and excellent tutoring from one of Australia's best surf coaches.

Limited spots available
Get in quick before summer starts!

Call the Sports Union now on 4921 6960 - registrations close soon!
Stop Press

2002 will be a great year for Newcastle University Sport with the hosting of Eastern University Games from 8 July to 11 July. Keep an eye out for further information early in the year or call 4921 6960.

Congratulations to the University of Newcastle Graduate’s Netball team winning 2001 Newcastle Open Netball Grand Final - well done girls!

Tahnee Horadam claimed the women’s open board title at the recent Australian University Championships. A great result considering Tahnee’s board was smashed on the way to Victoria.. She won the title on a new board bought on arrival!

Contributions are welcome - please send articles, results, fixture listings, clearly labelled photos to:

Sports Union
The University of Newcastle
Enquiries: 02 4921 6960
Fax: 02 4921 6996
sports-union@newcastle.edu.au

Sporting Facilities
02 4921 6963
Squash and Tennis Pavilion
02 4921 8850
The Forum
02 4921 7001

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The Sports Union and The Forum wishes you all a very Merry Christmas and all the best for a safe and healthy New Year!

Calendar of Events

University Sport and Recreation

December

1 Learn to Surf Classes
Nobbys Beach

2 Australian University Championships
Triathlon
University of Canberra

2-6 Australian University Championships
Mountain Biking
University of Newcastle

3-7 Australian University Championships
Golf
Gold Coast

4-10 Australian University Championships
Sailing
Gladstone

10-14 Australian University Championships
Cricket
Melbourne

2002 - Ready, Set, Go...

Newcastle University Sport is excited about the proposed program for 2002. With many new recreation and sporting activities taking place, all recreation/sporting interests will be catered for. Please do not hesitate to contacting us - 4921 6960 if have any suggestions/ideas on programs we could be offering.

Register your interest now for the following programs:
Bronze Medallion, Surf Awareness, Learn to Surf, Golf, Tennis, Water Skiing, Judo - Self Defence for Women, Scuba Diving, Senior First Aid, Posture & Flexibility, Tai Chi, Belly Dancing, Sky Diving, Walking for Fitness, Snow Ski Trip, Camping Safari (Red Centre), Wine Tasting Tour, Horseriding & Canoeing plus lots more!