relax

This is the final issue for 1995 after which we all (including Back Page) will take a good, long rest over the Christmas break. When all is said and done, this year has been a terrific one for sport at Newcastle - the men's soccer team, together with Donald McPhee and Ben Graham in taekwondo, won gold at Darwin's AUG, we finished 3rd overall at the ECG in Sydney, local first division championships went to the men's hockey, the baseball and women's tennis teams, the Rugby League No 1's made their first ever grand final, Martin Kelly was selected in the Australian Universities team for the World Student Games, Elizabeth Heslop won her second consecutive Sportsperson of the Year Award and kept her World No. 7 position in tumbling, hang glider, Neva Bull, gained Australian team selection, Peter Carson won the Open Division of the NSW Karate Championships and Shane Trotter & Anthony Darr won the Australian Rogaining Championships...

So, take a bow, people... our performances continue to be amongst the best in the country and '96 can only get better. See you in March...

Lindy Burns
Editor

fitness activities

Look, I know it's almost Summer but you still have to remain active throughout. Sport and Rec have organised some excellent fitness sessions to take you through the Christmas/New Year period and indeed, until February.

Monday Social Sport - softball or soccer
12.15 pm at No 4 Oval
just turn up & suitable teams will be formed

Tuesday $2 Lunch Deal - walk/jog/exercise
12.15 pm at No 4 Oval
with Helene/Lisa

Circuit Class
6.15 pm at Auchmuty Gym
with Melissa

Wednesday Social Sport - touch footie
12.15 pm at No 4 Oval
just turn up & suitable teams will be formed

Thursday $2 Lunch Deal - walk/jog/exercise
12.15 pm at No 4 Oval
with Helene/Lisa

mountaineering

If you don't already have a "Watson" from the University Mountaineering Club "Summer Edition", then get one! Summer is the best time of the year for the Club with lots of hiking, rockclimbing, canyoning and mountain biking.

So, take a deep breath and jump off a cliff with them these holidays...

Contact:

Tiffany Mitchell, 55 88 13
Ros Berghout, 57 1098
breakers tickets

The Newcastle Breakers kindly donate 40 tickets for University staff to enjoy each home game at Breakers Stadium, Birmingham Gardens. Several of the Sport & Rec office staff recently enjoyed the cliff hanger against NSL defending champions, Melbourne Knights, so if you want to stop them from hogging all the seats, contact the office and claim your own.

To help you plan your soccer outings, here's a list of the Breakers' remaining games for this season with home games marked with an asterisk:

- 25th Nov - Canberra Cosmos (A)
- *1st Dec - Wollongong City (H)
- 6th Dec - South Melbourne (A)
- 10th Dec - UTS Olympic (A)
- *15th Dec - Marconi Fairfield (H)
- 23rd Dec - West Adelaide (A)
- *26th Dec - Brisbane Strikers (H)
- *29th Dec - Sydney United (H)
- 7th Jan - Melbourne Knights (A)
- *2nd Feb - Morwell Falcons (H)
- 11th Feb - Adelaide City (A)
- *16th Feb - Canberra Cosmos (H)
- 23rd Feb - Wollongong City (A)
- *1st March - South Melbourne (H)
- *8th March - UTS Olympic (H)
- 12th March - Marconi Fairfield (A)
- *15th March - West Adelaide (H)
- 20th March - Sydney United (A)
- 23rd March - Brisbane Strikers (A)
- *29th March - Melbourne Knights (H)
- 6th April - Morwell Falcons (A)
- *8th April - Adelaide City (H)
- 13th April - Canberra Cosmos (A)
- *19th April - Wollongong City (H)
- 28th April - South Melbourne (A)

surfing

The East Coast Surf School is once again up and running its "learn to surf" camps for students, staff and friends. If you would like to learn how to "hang ten" (do they still do that? Ed) or execute a radical manoeuvre "off the lip", then these are the places to be...

- Byron Bay 4-6 December
- Byron Bay 7-9 December
- Coffs Harbour 13-15 December

Contact: Sport & Rec Officer, 21 5578

hockey annual dinner

The hockey club held their annual dinner at the Bar-on-the-Hill on Friday, 13th October, which, despite the bad omens surrounding such a date, was attended by 125 players and partners. A major part of any hockey dinner is, of course, the Sea Pig Social awards... oh and naturally the playing honours, as well. The 1995 winners were:

Best & Fairest - Women
- 1st Grade - Alison Dally
- 2nd Grade - Jodie Watkins
- 3rd Grade - Rhonda Ticehurst
- 4th Grade - Susan Manwaring@Belinda Street
- 5th Grade - Ingrid Gause
- 6th Grade - Robyn Carr
- 7th Grade - Alison Trotter

Best & Fairest - Men
- 1st Grade - Dave Nyman
- 2nd Grade - Scott O'Brien
- 3rd Grade - Duncan Bullock (3/1)
- 4th Grade - Michael Buchorn (3/2)
- 4th Grade - Ian Hill
- 5th Grade - Scott Bourne (5/1)
- 6th Grade - Andrew McLagan (5/2)
- 7th Grade - Ian Black (5/3)

Most Improved Player Award

Women
- Liz Clarkson

Men
- Scott Smith

Social Awards

Golden Pig
- Scott O'Brien

Golden Sow
- Lisa MacFarlane

Suzie Squealer
- Linda Hill

Huggie Bowl
- Ben Jenays

Supporters Award
- Lachlan Webb

Young Pigs in Love
- Guz & Tucker

Rookie of the Year
- Stuart Warburton, Leigh Apps

Umpire's Award
- Greg Reynolds, Leigh Apps

Bruiser Award
- Vig, Sue Kay

All up, the club had one of its most successful seasons and frighteningly, they've promised us even bigger and better to come - particularly in the Huggie Bowl award - in 1996. So, if you'd like to become a member of the club, just remember you don't need to play to join the Social Club. And should you wish to find out more, including how to get a run in the Summer competition, please contact Nichola Sweeney on 68 2777.
One of the best competitions this year was the touch comp where a record entry of 10 teams took part. Despite having to juggle our fields at times, the standard was first class. "Explosives" showed their skill early and seemed to have most things their way until 2nd and 3rd year PE (better known as Dangleberries and PE) made late runs, surprising nearly everyone.

Fortunately, the weather was superb throughout the 10 weeks and finals day was no exception. We were allowed onto the hallowed turf of No 1 oval for the finals where the results were:

Semi finals  Dangleberries (4) defeated Explosives (0)
PE (4) defeated The Legends (2)

Grand final  Dangleberries (4) drew with PE (4)

The grand final was made even more exciting when PE just managed to touch down for their 4th try as fulltime was called! It was a fitting end to a great competition.

The presentation BBQ was a surprisingly quiet affair but then it was the day after the Melbourne Cup and exams were in full flight. A special award was made to Phil Morgan (Dangleberries) as player of the finals.

Special thanks should go to Lisa for her great efforts throughout the comp, to Luke who did a top job as cook and to Bill for taming Helene when the field situation was not as she expected...

**Interdepartmental sport**

Some sad news with the last two scheduled sports (netball and squash) failing to eventuate. However, the BBQ presentation went ahead as promised ... Individual sport winners were:

<table>
<thead>
<tr>
<th>Event</th>
<th>Winner</th>
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<tbody>
<tr>
<td>Tennis</td>
<td>Architecture</td>
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<tr>
<td>Softball</td>
<td>Architecture</td>
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<tr>
<td>Golf</td>
<td>Architecture</td>
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<tr>
<td>Cricket</td>
<td>Dead heat between PE, Wollotuka and Finance</td>
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<tr>
<td>Soccer</td>
<td>Civil Engineering &amp; Surveying</td>
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<tr>
<td>Volleyball</td>
<td>Civil Engineering &amp; Surveying</td>
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The overall winner was Civil Engineering & Surveying ("did it help that the President of the Sports Union is a Professor in this Department? Ed.) and congratulations should be passed onto all teams as the competition was played in excellent spirit.

Given the lack of response to the last two scheduled sports, though, we realise the need to target sports with emphasis on participation, regardless of skill level. Our aim is to run games where staff and students can participate together on a level playing field (and we’re not suggesting that the fields were not rolled properly). So suggestions for games in 1996 are welcome and we are happy to run whatever sports, departments might suggest.
Six Uni teams continue their battle in the Newcastle District competition with First Grade at two wins from five games to date. The two wins came early in the season over Cardiff and Hamilton Wickham while the loss to Stockton only came in the last over of the day. Unfortunately, Merewether & Cardiff both scored good wins over us but the good news is that opener Daniel Beckett continues to make runs. The bad news is that his fellow opener, Peter Fryer, after making 350 runs for the season already, has just left for a job in Townsville and so the search is on for a new No 2.

The seconds also have two wins from their five games with former Newcastle rep, Cameron Ross, dominating with both bat and ball. Cameron’s feats over the last few weeks saw him voted the Club’s Player of the Month for October.

Third grade seem to have taken their lead from the firsts and seconds as they, too, have two wins from five. Good performances, though, are coming from their two opening bowlers, captain, Andrew Brown and Ian Robertson.

In fourth grade, Uni is progressing well, with four wins and are currently second on the ladder behind Southern Lakes. Peter Tate continues to get regular wickets while Andrew Leary and Shane Rodham have been setting up solid opening partnerships. Alan Knight and Craig Koina are also bowling well.

The two teams in fifth grade are starting to hit their straps with the 5/1’s in the top four and the 5/2’s after a slow start, putting together two consecutive wins. For the 1s, Tractor Kennedy’s great form is continuing, after his 7 for 35 early in the season while Darren Fraser is making runs. Steve McMahon and Jamie Richardson are batting well for the 2s, ably supported by captain, Michael Smith, in the bowling department.

Socially, the Club thoroughly enjoyed their cocktail party on 18th November which started at the Bradford Lounge and continued at Tatey’s after those remaining were thrown out. The Christmas Party is scheduled for the 9th December at the venue of the Club’s social sponsor, the Istana Malaysia restaurant. Speaking of sponsors, thanks also to our major sponsor for this year, Earp Bros.

Finally, just a warning... most members are gearing up for the bus trip to the SCG on 1st January to see the one-dayer, Australia vs West Indies. So, if you have tickets for the game, try and avoid their area as best you can.

mariners move in

If you’ve stumbled across “big boofy blokes” such as Noel Goldthorpe, Robbie McCormack, Brad Godden or Neil Piccinelli on your way to the library recently, don’t think you’ve done one exam too many... the Mariners have become regular faces on campus following the landmark agreement signed between the region’s newest footie club and the University (see last month’s Back Page).

The players use the gym five times, and the playing fields four times, per week and are endeavouring to fit in with the regular gym and field sessions of staff and students. Indeed, the gym has benefitted from 1600kg of weights, eight quality bars and three new squat racks, purchased by the Club and available for all.

Other equipment has also been ordered including three benches, a power rack, neck machine, safety squat bar and a glute-ham bench. Mariners’ strength and conditioning co-ordinator, Peter Harding, said “we never have more than 10 players at a time in the gym and most times, have less.”

“We are conscious not to cause disruption to the general traffic flow and have tried to schedule our sessions outside the peak times,” he added.

The Mariners have been utilising the gym in small groups on Monday, Wednesday and Friday mornings for 7am, 8am and 9am sessions as well as 3pm, 4pm and 5pm sessions on Monday and Wednesday afternoons. The playing field are used by the first and reserve grade squads in the afternoons from Monday to Thursday.