For some peculiar reason, I always forget how horrible Winter is until July. Initially, the woollen jumpers, the open fires, the wild surf all has appeal but by now, I'm cold, sick and miserable. With that in mind, I'm reminded that an AFL supporting friend of mine in Melbourne once told me that God invented football to help us get through Winter and this year, I actually believe her. The mere fact that the Knights are in second place, and Essendon is in 4th encourages me to stick things out until September. Add to that the present play-off position of the Falcons, the meteoric rise of Singleton half back, Steve Merrick, to the Wallabies and the continuing good form of Melinda Gainsford and there's enough joy around to take my mind off sniffles and frostbite.

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**sniff**

Lindy Burns
Editor

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**squash results**

The Autumn squash competition saw two Uni teams finish as minor and major premiers; the men's D01 team, comprising B Kinkade, P Gordon, B Aitken, H Lamba and R Glazebrook and men's D03 side of B Clarke, C Blanch, R Otczyk, J Stanton, B Cheek and I Bladen. The major premiership also went to the women's E03 team of S Griffiths, S Warren, S Webb, L MacFarlane, S Spencer and M Chapman. Well done, folks.

The remaining Uni teams didn't let anyone down either, with three making their respective Grand Finals. The men's C01s finished runner-up with their team of D Boden, S Beveridge, A Paton, G Buxton and K McLeLlan. Second place also went to the men's F01 team of N Secombe, M Wallace, P Binning, D Porter, C Boden and J Markey and the men's F03 side (J Fisher, B Pearson, A Riepsaman, M Young, T Eddie and S Barnett). Indeed, the F03s put up a pretty valiant effort as they went into the final series with only three players!

Also putting some good performances together were the women's A02s and the men's E04s who both finished 5th.

Congrats to the squash club who continue to represent us with distinction.

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**aerobic classes**

Aerobic classes are back in full swing as of 24th July. Now I know how hard it is to drag out the training gear in the depths of winter but just think how pleased you'll be with yourself during that first beach session in October (OK.. November!?) Anyway, you'll be glad. The second semester timetable of classes is as follows:

<table>
<thead>
<tr>
<th>Times</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.30am</td>
<td>Step</td>
<td></td>
<td>Circuit</td>
<td>Circuit</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Mys</td>
<td></td>
<td>Chris</td>
<td>Mys</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.15pm</td>
<td>Hi/Lo</td>
<td>$2 outdoor</td>
<td>New Body</td>
<td>$2 outdoor</td>
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</tr>
<tr>
<td>(Natasha)</td>
<td>No. 4 oval</td>
<td>(Hunter)</td>
<td>No. 4 oval</td>
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</tr>
<tr>
<td>5.00pm</td>
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<td></td>
<td>Step</td>
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<tr>
<td>5.30pm</td>
<td>Circuit</td>
<td>X-train</td>
<td>Cardio &amp;k</td>
<td>Circuit</td>
<td></td>
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<tr>
<td></td>
<td>Chris</td>
<td>Melissa</td>
<td>Rob</td>
<td>Alison</td>
<td></td>
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</tr>
<tr>
<td>6.15pm</td>
<td>Hi/Lo</td>
<td>Circuit</td>
<td>Circuit</td>
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</tr>
<tr>
<td></td>
<td>Meryl</td>
<td>Melissa</td>
<td>Sam</td>
<td></td>
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</tr>
</tbody>
</table>

Please note: the 12.15 classes on Monday and Wednesday are held in the Hunter Gymnasium (Physical Ed. Building). The rest are in the Auchmuty Sports Centre and on Oval No. 4. The Oval sessions are simply 45 minutes of walking, jogging and/or exercising out in the fresh air to get rid of some of the unwanted Winter kilos. So come and discover the unknown parts of the campus. All levels of fitness (or the lack thereof) will be catered for.
rugby league update

After a lengthy period of injuries, exams and the flu, the RL club is now hitting its straps on the field. Lead by backs Pete Sanders, Brad Dohery and Mick Wilkinson, together with forwards Jeff Ting and Paul Stolk, the Open teams are 3rd in 1st division and 2nd in 2nd division respectively. In 1st division, a spirited loss to frontrunners UTS signalled a form turn around that has seen the side defeat last year’s premiers Australian Catholic University 24-0 and then account for Sydney Uni 44-8. The 2nds have been undefeated to date with only a draw currently giving them 2nd place to Cumberland College on the points ladder. The U/19s have not played recently due to inclement weather and the semester holiday break. Placed in the middle of the local U/19s competition, they have shown great potential for future seasons, particularly fullback Luke Minto and second rower Shane Morissey.

The club’s 25th Anniversary Day Re-union will be held on Saturday 22nd July with all three teams playing on Uni No 1 Oval. That evening there will be a formal dinner with some “legendary” guest speakers gracing the event in the Shortland Union.

one-offs!

Now that second semester is under way, it’s time to take on some new activities ... call 21 5584 for more info about...

... The Wall/Indoor Climbing - Try the latest innovative fitness concept. With over 600 square metres of climbing surface and the highest standards of safety guaranteed, here is your chance to make it to the top.

... Paintball - The group discount covers the use of a “top of the line” gun, goggles, overalls and vest. At the end of the battle, enjoy a free BBQ lunch.

... Mud Volleyball - Why not have some “filthy fun”? Spike and dig in the mud. Be part of the mud volleyball competition to be held on one of the ovals.

eca - “a huge week”

Between 3rd and 7th July, 115 Newcastle students ventured south to take on the universities of NSW and the ACT to attempt to qualify for the Australian University Games scheduled for Darwin in late September. The venue for this year’s ECG (Eastern Conference Games) was the University of Western Sydney, Macarthur and, as some teams surprisingly discovered, the standard of University sport continues to improve.

Things got underway well with three skydivers falling from the sky to grace the opening ceremony after which 3,000 students, competing in 12 sports, heard Wallaby captain Phil Keams, declare the games open.

Ten Newcastle teams took to the courts and fields over the ensuing week with perhaps the two biggest surprises of the tournament coming from the first placing by the men’s soccer team and the 4th by the netball girls: the latter being the Australian University champions for the past three years! The team suffered a shock loss to Sydney, 39-38 in the semi and then found themselves unable to read the game schedule properly for the 3rd/4th play-off with UTS. The soccer boys simply played above themselves and achieved some results that probably even they had not expected. The men’s basketball also played well, finishing 3rd, and qualifying comfortably for the AUG.

The first placing by the men’s squash was well deserved with our no. 1, Gavin Kadwell, making all opponents “look like beginners”. In the final, Gavin led the team to a 4-0 win.
Overall placings achieved were as follows:

Men's squash - 1st
Men's soccer - 1st
Women's tennis - 2nd
Men's tennis - 3rd
Men's basketball - 3rd
Women's touch - 3rd
Netball - 4th
Women's soccer - 4th
Women's basketball - 7th
Rugby - 8th

Merit lists were announced at the conclusion of competition with the following Newcastle competitors gaining selection:

Men's squash - Gavin Kadwell, Wayne Stacey
Women's touch - Phillipa Sawyer, Trudie Paton
Women's tennis - Peta Chapman
Men's tennis - Malcolm Hamilton
Men's soccer - Tony Parezanovic, Alan Duncan
Women's soccer - Gaye Lymbery

Well done people! (Unfortunately, the lists for the men's and women's basketball were not available before going to print.)

It should also be mentioned that the teams continued the long-standing Newcastle tradition of a solid commitment to the evening social functions, particularly the Screaming Jets/Mental as Anything show. And it would be remiss of me not to mention the highlight of the week for manager, Helene O'Neill. It was Phil Keam's address at the opening ceremony. If only he'd given his real one, eh "HO"?

Finally, the coach of the week title MUST go to women's soccer coach, Fred Ghanayem, who was quite a prominent figure on the field with his maroon hair dyed to match the Uni colours. Good on you, Fred. There should be more of this kind of thing!

what's that?

Spectators at the Hawkesbury vs Macarthur game of Rugby at the ECG were treated to a rather unusual sight - an on field streaker! Witnesses have said it must have been cold because there wasn't much to see! Hawkesbury supporters will go to any lengths to see their team win!
sportsperson-of-the-year

The 1994 sportsperson-of-the-year award will be announced at the Blues Dinner scheduled for Friday 25th August. In the past, we have known little about those elite performers who have been nominated for the University's premier sporting award. This year it's different.

Matthew Conway - Rugby

Matthew is a University 1st grade player who, in addition to receiving an Australian Institute of Sport Scholarship, also earned the following representative honours in 1994:

Newcastle Under 21 - Captain
Eastern Province - Captain
NSW Country Under 21 - Captain
NSW Country Seniors
NSW Under 21

Matt was also picked in the Australian Under 21 side which played internationals against Western Samoa and New Zealand. Not surprisingly, he was also selected in the Australian Universities team to play against New Zealand Universities.

Elizabeth Heslop - Tumbling

A perennial performer and winner of the '93 Sportsperson-of-the-Year award, Elizabeth continued her excellent form into '94. She was named the NSW Sportswoman of the Year in Tumbling, placing 1st in the overall event at the Regional Challenge and 1st in the Open and Age tumbling events at the NSW Invitational and NSW Championships.

Subsequently selected in the NSW Open team to compete at the Australian championships, Elizabeth placed 1st in the Age Tumbling event for the sixth consecutive year and 1st in the Open Tumbling for the 4th consecutive year. Honoured as captain of the Australian Open Team which competed in the World Championships in Portugal, she was the only Australian to make the finals, placing 7th in the Open Division, the best result ever attained by an Australian in this event.

John McClymont - Athletics

John's achievements during 1994 included:

NSW Country Championships - 1st in U/20 400m and 200m
NSW State Championships - 1st in U/20 400m and 2nd in U/20 200m
Australian Championships - 2nd in U/20 400m resulting in selection in the U/20 team which won the 4x400m event.

Selection in the Australian Junior team to tour Europe and compete at the World Junior Championships in Lisbon, Portugal.

Neva Bull - Hang Gliding

In 1994, Neva placed 2nd in the Women's Open event in the NSW State titles and 4th in the overall event (men and women combined).

She placed 2nd in the Women's Open event at the Australian Championships and was selected in the Australian national (women's) team to compete in the USA at the World Championships. At the Worlds, she took 12th place and was Australia's highest placed performer.

Keli Lane - Waterpolo

During 1994, Keli was selected in the following teams:

Balmain Sydney who were the minor premiers of the Sydney 1st grade competition and 3rd place getters at the Australian Club Championships.

Vice-Captain of the NSW Under 20 side which won the Australian Championships.

NSW Open training Squad & AIS-funded training squad
1994 Australian Universities Waterpolo Honours team

Australian Under 20 side which won three tests against New Zealand, qualifying as Oceania's representative for the Women's Junior World Cup being held in Canada this month.

Christopher Tola - Administration and Promotion of University Surfriding

Chirs has been a member of the University Surfriding Club for many years. He has acted as Surfriding delegate to the Sports Union, served on the Sports Union Executive and has been a member of the Colours Committee since its inception in 1986.

As National Representative for University Surfriding since 1984, Chirs has played an integral role in the development of University Surfriding. This culminated in his organisation (and participation as manager) of the highly successful 1994 Australian Universities Surfriding Tour of South Africa.

During the year his administrative ability and dedication to Surfriding was recognised by the Australian Society of Sports Administrators who awarded him "Sports Administrator of the Month" and a nomination for the "Sports Administrator of the Year" award.

What a list! Congratulations to all of you. Your achievements have not only brought credit to yourselves but to your University as well, and for that, we thank you.